



Rewarding Learning
ADVANCED
 General Certificate of Education
 2023

Centre Number

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Candidate Number

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Health and Social Care

Assessment Unit A2 6
assessing
 Understanding Human Behaviour



AHC61

[AHC61]
THURSDAY 15 JUNE, AFTERNOON

TIME

2 hours.

INSTRUCTIONS TO CANDIDATES

Write your Centre Number and Candidate Number in the spaces provided at the top of this page.

Write your answers in the spaces provided in this question paper.

Answer **all three** questions.

INFORMATION FOR CANDIDATES

The total mark for this paper is 120.

Quality of written communication will be assessed in questions **1(d)(ii)**, **2(c)**, **3(b)** and **3(c)**.

Figures in brackets printed down the right-hand side of pages indicate the marks awarded to each question or part question.

For Examiner's use only	
Question Number	Marks
1	
2	
3	

Total Marks	
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Examiner Only	
Marks	Remark

1 Janeen has acrophobia, an extreme and irrational fear of heights. This is having a negative impact on her social life; for example, she won't take a flight to visit her daughter in Spain, she has turned down an invitation to go on a walking holiday with friends in the Mourne Mountains, she won't walk into town as she would have to cross a bridge, and recently she had a panic attack in a shop when going up on the escalator.

(a) Identify **four** symptoms Janeen may have exhibited during the recent incident on the escalator.

1. _____ [1]

2. _____ [1]

3. _____ [1]

4. _____ [1]

(b) From the psychoanalytic perspective, phobias are associated with the unconscious and the use of defence mechanisms. Use these two concepts to describe how the psychoanalytic perspective views phobias.

The unconscious

_____ [3]

Defence mechanisms

_____ [3]

(c) (i) Bandura uses social learning theory to explain how people develop phobias. Summarise Bandura's explanation of phobias.

[3]

Examiner Only	
Marks	Remark

(iii) Describe ECT.

[3]

(b) Name **two** well-known psychologists from the cognitive perspective.

1. _____ [1]

2. _____ [1]

Examiner Only	
Marks	Remark

(d) Explain **two** strengths and **two** weaknesses of cognitive therapies.

Strengths

1. _____

_____ [2]

2. _____

_____ [2]

Weaknesses

1. _____

_____ [2]

2. _____

_____ [2]

Examiner Only	
Marks	Remark

3 (a) Complete the table below to describe **three** different ways of managing stress.

Way	Description
Time management	[3]
Meditation	[3]
Biofeedback	[3]

Examiner Only	
Marks	Remark

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